

However, there are again different possibilities within each of the three main types.

But first I'd like to explain the most common way of incarnation. It's chosen when the incarnate didn't achieve their self-imposed goals and learning tasks in a 'previous' incarnation. In this case it usually happens like this.

The being wishing to incarnate, still centred in their ethereal astral body, has often stayed near the mother for several months. On the astral plane they've made a rough plan for their life in connection with other beings. It contains what the being wants to learn. They choose the environment, the parents and the living conditions for this.

Remember the knowledge which has already been imparted to you. From a higher perspective – by that I mean everything from the causal plane, or 'higher mental plane' – a much larger part of the entire wave fields from the past, through the present and into the future is visible. So before the one who wants to incarnate here reconnects with a carnal body, they have to pass a test on the astral plane and demonstrate their ability to do so.

Their three guardian spirits have already been specified and they, too, are present during the process of connection and the physical birth. They observe what traumas are already acquired at birth.

The nature of the birth results in the erasure of all memories of a 'before'. This wouldn't happen if the act of birth was done gently and in the greatest possible harmony with the previous environment.

The requirements for avoiding a birth trauma are water, warmth, soft red light, a calm environment, familiar people and sounds, no unnatural early cutting of the umbilical cord and no separation from the mother immediately after birth.

Unfortunately, today's birth posture is completely unnatural, and gravity isn't used either. Thus, the whole thing becomes a long and exhausting act of traumatising, which a doctor has control over.

Also because the mother is often incapacitated by the physical and psychological stress of the act of giving birth, the children don't lie next to her. Thus the sensitive telepathic connection is cut and the fear of being abandoned takes on its first form. This first severe trauma serves to prepare people for the slave existence.

Most people won't be able to get rid of the deep fears of loss that are implanted here their whole life long.

The birth trauma gets so deeply rooted due to the complete overloading of the senses in today's births that most people can no longer remember what happened before and the connection to the divine is severed – due to the doctors' ignorance.

In this way, the primal trust in oneself and in life, in God and the world, has been lost. You see the effects everywhere in the world.

The process of birth has to be renewed if you want to end this collective trauma experience and keep the memory of the before. For a long time I've been offering knowledge about more sensible birth processes. Those who've taken this into account have children very different from those of 'normal people'. These children often remember their last incarnation, have great primal confidence and accomplish extraordinary things.«

Amadeus remarked somewhat resignedly, »Somehow I get the feeling that nothing's ever quite as right as it should be. Let me quote from St. Augustine:

*“True justice can only be found in a community whose founder and leader is Christ.”*

I'm slowly beginning to see the content of that quote with different eyes. When I look at all the areas of human life where you recommend changes, I realise that only an enlightened sage would be capable of establishing such a just state. He must have knowledge of all these different areas and their connections, effects and interactions. Such a wise man would have to have Christ consciousness. I don't know any politician or any other person except you who has such a consciousness.«

Axel intervened with an addition to Amadeus' concern: »And I don't know anyone who has the money or the power to do so.

It wouldn't change anything if you only changed one area of life. Everything has to be questioned, everything has to be set right and the design of all structures has to be adapted in all areas to these new insights. Who's supposed to do that?

I see no-one who is capable of doing it. We could only do it together. To do so, we would need the knowledge, the viable and prepared path, enough money, the whole infrastructure and also people who want to implement all this.«

Peter nodded.

»You've recognised it well. If merely the nature of the birth process just discussed were to be changed, but the disastrous childcare and school system left as it is, then the traumatising would simply be postponed to a later date, thus continuing to keep humanity down.

Today's parents have little knowledge of what a child really needs for optimal development. The education system doesn't teach parents what education conducive to development is. A child doesn't only need the basic supply of food, love, protection and a school education.

This alone is only enough for the survival of the physical body; and if love and protection are present, it also helps to some extent to build up a stable psyche and basic ethics. But this is the way to breed only well-functioning, underprivileged or averagely gifted work drones. You don't yet create conscious, divine beings in this way.

If people really want to live and not just survive, then both parents and the state should take a caring role for the inner divine being or at least the soul being and not just raise the slavish person. For me parents and the state have a duty of care also towards the human being and that's the inner essence and not only the person. This responsibility and duty of care is, in my view, barely attended to today, or is simply aimed at survival. But there's much more involved.

Life in its innumerable facets has the tasks already described to you in more detail. Develop your character, learn to love unconditionally and to live in truth and freedom from violations of conscience. This is the meaning of life and this is exactly what it means to be a Christian.

According to Christian doctrine, this means to rise again from 'death', meaning a life in 'sin' and numerous transgressions of conscience, into conscious 'life', meaning a life in accordance with the divine laws of creation with a pure conscience in truth and love, in self-empowerment. This was Christ's example and should be the consequence of his teaching. Let's be honest. Do you see that in the world? If not, then why does the CDU [German political party: Christian Democratic Union] call itself 'Christian'? Isn't it more satanic? You should see their direction by their fruits.

So learn to love unconditionally, learn to stand up for the right,